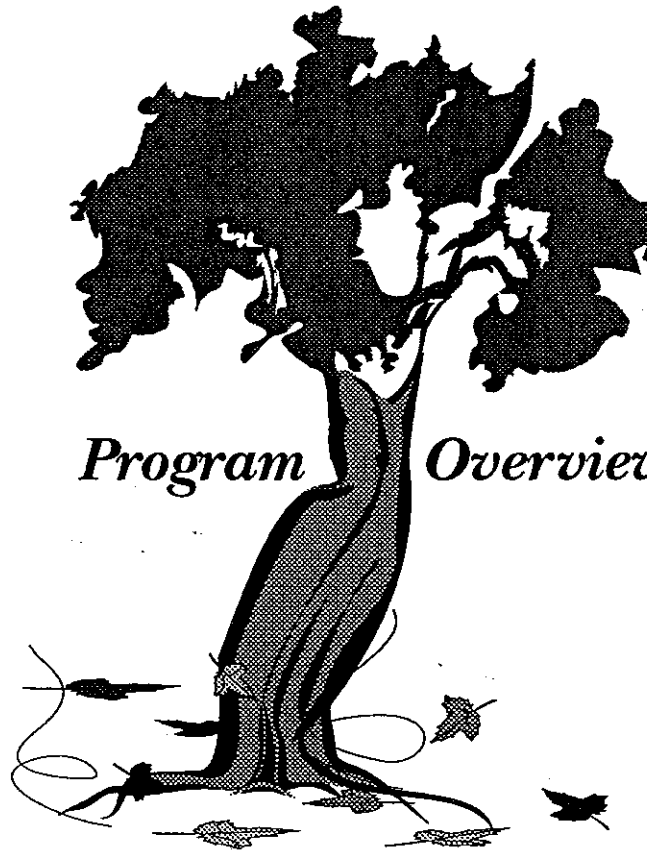


CENTER FOR PSYCHOLOGY AND SOCIAL CHANGE

An affiliate of Harvard Medical School at The Cambridge Hospital



Program Overview 1994



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ECOPSYCHOLOGY

The merger of ecology and psychology

Home Is Where Here Is:

bringing psychology to environmental activism

The goal is to develop the field and make the fruits of it available for practical application.

The project consists of an ongoing working group, an invitational conference, the development of a database and annotated bibliography, and a handbook and consulting service for communities and planners, with a particular focus on the bioregional movement.

Revisiting "Mental" Health:

challenging and reassessing current mental health theory and practice

The goal is to engage the mental health profession in an examination of the field in light of ecopsychological principles and to create new theory and practices.

The project consists of a course at the Harvard Medical School now in its sixth year, a book, the development of a database, the hosting of a series of visioning and dissemination conferences, publications of articles, and playing a national leadership role in the bringing this work to the attention of the profession.

Ecopsychology Roundtable:

merging theory and practice

This is an ongoing working group involved in the development of field of ecopsychology.

PEACEMAKING

Healing and the art of global security

Balkans Peace Project:

psychologically sensitive conflict resolution & track II diplomacy

The goal of is to offer new avenues for addressing deeply entrenched enmity to non-governmental leaders and support the strengthening of civil institutions as an alternative to war.

The project consists of training programs held throughout the Balkans and providing leadership in developing of the field of interactive conflict resolution.

The Impact of War on Service Providers:

caring for caregivers

The goal is to offer training programs which address secondary traumas suffered by caregivers in war zones.

The project consists of training programs in the former Yugoslavia and providing leadership in increasing knowledge of secondary trauma treatment.

Roundtable on Identity and Conflict:

bringing psychology to conflict resolution

This will be an ongoing working group involved in the development of the field.

EDUCATING THE FUTURE

Bringing Peacemaking & Ecopsychology to young people

Political Development of Children:

media literacy for children on enmity, conflict, and gender issues

The goal is to offer educators and parents new, creative approaches to counteract the harmful effects of children's cartoons.

The project consists of an integrated curriculum, a video and leader's guide, and a teacher training program.

Children of War:

peace leadership of and for young people

The goal is to develop a new generation of leaders for peace from those who have experienced war.

The project consists of training programs offering opportunities for deep healing and the learning of leadership skills, and the ongoing support for these young people to go back to their communities in the United States and abroad.

Earth Ranger:

environmental literacy for children

The goal is to offer educators and parents ways to foster sound environmental attitudes in children. The project consists of an integrated curriculum and teacher training program.

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EDUCATING THE FUTURE *(continued)*

Positive Futures:

ecopsychological training for upcoming environmental leaders

The goal is to assist up and coming leaders in the environmental movement or in position of influence concerning the environment to embrace a deeper understanding of the task of healing the Earth.

The project consists of a yearly training program for graduating graduate students and is a co-sponsored project with Positive Futures.

Adolescent Development and Rapid Social Change:

case study eastern & central Europe

The goal is to gain insight into the effect of the lack of a stable social/political environment upon young people who are themselves undergoing rapid emotional, psychological, physical, and intellectual changes.

The project consists of writing a book and is a co-sponsored project with four Central and Eastern European universities and research centers.

EXTRAORDINARY EXPERIENCE AND HUMAN CONSCIOUSNESS

Examining the role of consciousness in personal and social change

PEER:

studying anomalous experiences

The goal is to gain a deeper understanding of the spiritual, cognitive, emotional, psychological, and other changes upon people who have had extraordinary, transpersonal experiences, to learn what implications they hold for broader social change, and to provide support to those in crisis because of them.

The project consists of psychological testing and information gathering, ongoing therapist and other support groups, public education, and related activities which serve to develop the field in concert with investigators of extraordinary experiences.



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Background information on the Board of Directors

Richmond Mayo-Smith, Chair, is a retired educator, and has served on the boards of numerous humanitarian, service, and education organizations. He is a former Head Master of Roxbury Latin School where he served for eight years, after teaching science for fifteen years at Phillips Exeter Academy. Richmond worked in India for three and a half years in community development with the organization World Education Inc., which he continues to be involved with as a board member and former chair. He is also one of the co-founders of Educators for Social Responsibility as a former chair and board member.

Robert Bosnak, J. D., is a Jungian psychoanalyst with a private practice in Cambridge, Massachusetts. He is the author of several books including *Dreaming with an AIDS Patient*, and *A Little Course in Dreams*. The Center is a supporter of Robbie's work through a co-sponsorship of a three-year series of international conferences on xenophobia as a worldwide problem. Robbie is also the editor of the popular Russian magazine *Psychology for Everyone*, and teaches in Europe, Asia, and Australia and across the United States.

Elizabeth Case, is a clinical social worker in private practice in Chelmsford and Andover, Massachusetts. She is completing her Doctoral degree in Clinical Psychology and is writing her dissertation on the cognitive aspects of an ecological world view. Long involved in peace and environmental groups, she has been active with the Clamshell Alliance, Merrimack Valley Solar Energy Association, Merrimack Valley People for Peace, and the Foundation for Global Community (Formerly Beyond War). She is the Chair of the Center's Program Committee and is a member of the Ecopsychology Roundtable.

Sarah Conn, Ph.D., is a clinical psychologist with a private practice in Mewton, Massachusetts. She is a lecturer in psychology at the Harvard Medical School, Cambridge Hospital, and has taught at Tufts University and at Holy Cross College. Sarah has served on the Board of Directors of the Massachusetts Psychological Association and as Chair of its Professional Practice Committee, and is the author of several articles and papers on Ecopsychology. Sarah has been teaching the Center's Ecopsychology course at Harvard Medical School for the past seven years, is currently on the Board of Directors of the Center, leads the Ecopsychology Roundtable, is an active participant in the Revisioning Mental Health Project, and is co-authoring a book with Lane Conn on ecopsychology and mental health.

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Terry Hunt, Ed.D., is a licensed psychologist and certified bioenergetic therapist with a private practice in Brighton, Massachusetts. He is the co-author of *Emotional Healing: A program for emotional sobriety* and the forthcoming *Secrets to Tell, Secrets to Keep*. Terry has been on the boards of numerous organizations and teaches at Omega and Esalen Institutes on the themes of emotional healing from co-dependence to aliveness. He works with adult children of alcoholic and abusive homes, people with addictive disorders and older adolescents.

John E. Mack, M.D., is professor of psychiatry, at Harvard Medical School at The Cambridge Hospital. As a child and adult psychoanalyst he has applied the insights of depth psychology to address the roots of the Cold War, the global ecological crisis, ethno-nationalism, and other collective phenomena that inform our understanding of human identity. He has written numerous books and articles on these subjects, and is the Pulitzer Prize-winning author of the biography of T.E. Lawrence entitled *A Prince of Our Disorder*. John is founding director of the Center for Psychology and Social Change, Director of the Program for Extraordinary Experience Research, and currently serves on the Board of Directors at the Center.

Robert Ryan, M. A., is an educator and organizational consultant to business executives. He taught science at Dedham High School and at Roxbury Latin School, where he was also Dean of Students. Following his educational career he entered into business consulting at McBer and Company - a company which applied Professor David McClelland's theories on power, achievement, and motivation to business organizations. He eventually became president of this company and now runs his own company in this same field.

Ervin Staub, Ph.D., is professor of psychology, University of Massachusetts, Amherst. Author of the two-volume work, *Positive Social Behavior and Morality*, and *The Roots of Evil: The Origins of Genocide and Other Group Violence*. He teaches a course on cruelty and kindness - the psychology of good and evil. His research emphasizes understanding individuals and groups and how they help and harm others.

Richard Chasin, M.D., Emeritus - is a former Chair of the Board of Directors for the Center in its early years when it was the Center for Psychological Studies in Nuclear Age. He is the co-director of the Family (Therapy) Institute of Cambridge, Massachusetts, and an associate clinical professor of psychiatry at Harvard Medical School. In the 1980's he was very active in the efforts of the Center to understand the psychology of enmity and played an active role in the warming of relations between the United States and the Soviet Union through citizen summits and cross-cultural dialogues.